
Summer Bible Study Saturday's - How To Eat Your Bible

July 11th thru July 26th, 2026

2nd & 4th Saturdays – 11:00am – 12:30pm

BIBLE STUDY SERIES OUTLINE

 REGISTER TODAY...

[HTTPS://SACRED-FEAST-STUDY.BASE44.APP](https://sacred-feast-study.base44.app)

Introduction: Setting the Table/Psalm 34:8..... Sis. Maria

July Bible Study Outline

Bible Lessons Topics and Facilitator

1. Starving for the Word..... Sis. Maria
 2. Beginning with Prayer..... Sis. Maria
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August Bible Study Outline

Bible Lessons Topics and Facilitator


3. Read: What Does It Say?..... Sis. Carol
 4. Read: What Does It Mean?..... Sis. Carol
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September Bible Study Outline

Bible Lessons Topics and Facilitator

5. Study: How Do I Apply It?..... Sis. Yolanda
 6. Eat Up!..... Sis. Yolanda
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* Join us for an in-person gathering on [August 29th at Mimi's Café in Friendly Hills Whittier, CA from 12pm-3pm](#) for an inspiring time of connection, reflection, and celebration as we savor a delicious meal and share highlights from our July and August spiritual studies, paving the way for a strong launch into our September study online. [A "Three Course Menu" selection will be provided once you've registered with a fee of \\$35.00.](#)

 As the Psalmists 133 says – “How wonderful and how pleasant it is for brethren to dwell together in unity! It is like the precious ointment upon the head, that ran down upon the beard, even Aaron's beard: that went down to the skirts of his garments.” Amen

FACILITATORS BIO'S - MARIA, CAROL & YOLANDA

Maria Williams Bio...

Maria Williams is a humble and servant bold leader, dedicated to serving Jesus Christ and advancing His Kingdom for His glory. As a thought leader, she empowers others to identify and pursue their purpose, contributing to the greater good, bringing glory to God, and experiencing personal fulfillment.

She serves as the Evangelism Ministry Leader, Family Life Bible Enrichment Teacher alongside her

husband Byron Williams, and member of My Sister's Keeper Prayer Ministry at Atherton Baptist Church in Hawthorne, CA. She is passionate about serving and discipling others to grow in God's grace, wisdom, and knowledge of knowing Him personally and intimately, thereby pleasing Him. She adheres to every precept of God's Word and strives to live it out, inspiring others to follow Jesus and serve Him as Lord through seeing her transformed life.

As the founder of In Her Shoes-Love God and Love People, Maria leads a women's ministry that provides practical and relevant teachings of God's Word, caters to the needs of the marginalized, and fosters an environment where women can thrive in the world, while maintaining their spiritual identity as followers of Christ, having received Him as Savior (Romans 10:9-10).

Maria loves her family dearly and takes pleasure in spending time with her grandchildren, regarding them as a valuable gift from God. She's aware of and take honor in that grandparents occupy a unique position in working together with parents to care for and bring up their children in the Lord's instruction as the Bible teaches "Children's children are a crown to the aged, and parents are the pride of their children." Proverbs 17:6.

[Carol Chavez Perez Bio...](#)

Carol Perez is a wife and mother of four (three adult children and one son-in-law.) Her and her husband Mario will be celebrating their 30th wedding anniversary this September. Carol attends Lakeside Church in Folsom, CA, and loves the Lord with all her heart, soul, and mind. She has a heart for women's ministries and missionaries local & abroad. Carol is a state volunteer for Moms in Prayer International and helps moms/grandmoms find prayer groups near them. On her spare time, Carol enjoys watching cooking shows, playing pickleball, and spending time with family and friends.

[Yolanda Duncan Bio...](#)

Yolanda Brigee Duncan is first and foremost a child of God. One of her foundational scriptures is Proverbs 3:5-6 - Trust in the Lord with all of your heart and lean not to your own understanding. In all of your ways acknowledge Him, and He will direct your paths. She is a woman who puts God first and wants to live a life that is pleasing unto Him and brings Him glory and honor. She also believes in the power of praise and that we should give God thanks in all things.

Yolanda has been a member of the New Commandment MBC in Paramount, California for 45 years. Where her dad, Rev. Grady Jones is the Pastor. She currently serves as a young adult ministry mentor/teacher and co-founder and teacher for the Ladies of Faith Bible Study and Prayer ministry. She is also a part of the Called to Leadership Real Women's Conference Ministry. Yolanda loves the Word of God and is passionate about rightly dividing the Word of truth. She looks forward to any opportunity to share the gospel of Jesus Christ and wants to be instrumental in building the Kingdom of God.

Yolanda is a wife, mother, and proud grandmother. This is one of her greatest blessings and joys!

As Yolanda moves through her daily life, she echoes the sentiments of her late mother, First Lady Elois Jones, who frequently quoted her favorite scripture and saying – "I will lift up mine eyes unto the hills from whence cometh my help, my help cometh from the Lord which made heaven and earth" and To God be the glory for all that He has done!